



❖ **Motivating Moves for People with Parkinson's**

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Workshops, Lectures, and Presentations offered by Janet Hamburg

June 26, 2008, Chicago

"Improvements in Daily Functioning and Walking Ability with the *Motivating Moves for People with Parkinson's* Exercise Program: A Pilot Study"
 Movement Disorder Society's 12th International Congress of Parkinson's Disease and Movement Disorders

July 7, 2007, Lawrence

Presentation

"The Effects of the Motivating Moves® Program on Balance, Mobility and Flexibility of Senior Adults in Independent and Assisted Living Settings"
 National Research Symposium of the Society for Research in Music Education, co-sponsored by the National Association of Music Education

June 18, 2007, Pittsburgh

Presentation

"Motivating Moves for People with Parkinson's"
 First National Roundtable on Exercise and Parkinson's Disease

June 8, 2006, Cairns, Australia

Presentation

"Motivating Moves for People with Parkinson's"
 Eden Alternative International Conference

February 26, 2006, Washington, D.C.

Presentation

Co-facilitator: "Exercise: Motivating Moves, Tai Chi and Parkinson's"
 World Parkinson Congress

March 10-11, 2005, Philadelphia

Presentations

"Motivating Moves with Music to Promote the Health of Older Adults" and
 "Motivating Moves for People with Parkinson's"
 5th Joint Conference of the American Society on Aging and the National Council on the Aging

February 9, 2005, Washington, D.C.

Presentation

"Motivating Moves for People with Parkinson's"
 National Press Club

February 6, 2005, Washington, D.C.

Presentation

"Motivating Moves for People with Parkinson's"
 11th Annual Parkinson's Action Network Forum

Available Presentations

- Motivating Moves
- Motivating Moves for Athletes
- Motivating Moves for Better Balance
- Motivating Moves for Caregivers
- Motivating Moves for Musicians
- Motivating Moves for Stress Management

Motivating Moves for People with Parkinson's (videotape and DVD) Presentation

E-mail Janet at janet@motivatingmoves.com for more information.

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